

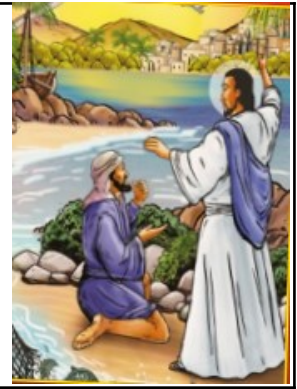


Regina Coeli Catholic Primary School

'Where there is Love, there is God'

7th February 2025
Newsletter Number 5
Spring Term

"To follow Jesus means to share his love for every human being." Pope Francis



Dear parents and carers,

We have enjoyed another busy week here in school celebrating Children's Mental Health Week. The children reflected on what makes them special and talked about building strategies for resilience— there is a link to a video later in the newsletter.

Well done to our Junior choir who started their joint rehearsals with other schools across the borough for the Croydon Music Festival and Mrs Spain and Miss Herzog said their harmonies were amazing!

Year 2 invited the leadership team down to their classes to test their DT project and I am happy to report they delivered on their design and we enjoyed a very healthy, chopped salad— well done to the Year 2 team.

We are forecast a very cold and wet weekend so whatever you do keep dry and wrapped up warm.

Wishing you all a lovely weekend,

Best wishes, Mrs Christoforou

**THE Wednesday
WORD**

This Wednesday's Word...

FOLLOW

When Jesus had finished teaching by the lakeside he said to Simon Peter, "Sail out into deep water and let down your nets." "Master," Simon Peter replied, "we worked hard all night long and caught nothing, but if you say so, I will let down the nets." And when he and his companions had done this they netted such a huge number of fish that their nets began to tear and they filled their two boats to sinking point. When Simon Peter saw this he fell at the knees of Jesus saying, "Leave me, Lord; I am a sinful man." For he and all his companions were completely overcome by the catch they had made. But Jesus said to Simon Peter, "Do not be afraid; from now on it is people you will catch." Then, bringing their boats back to land, they left everything and followed him.

Attendance

School attendance is so important for a child to be Successful.

The school target is 97%

Congratulations to the following classes for the week of 27th January 2025

1st - St Rita & St Bridget 97.3%

2nd - St Thomas 96.7%

3rd - St Mark 96.3%

Well done!

Attend Today, Achieve Tomorrow

Safeguarding

If your child is not going to be in school it is really important that you call the office on 020 8688 4582

or email the school at office@reginacoelischool.croydon.sch.uk stating the reason before 8.50am on every day of absence.

Thank you

"Where there is Love, there is God"

CONGRATULATIONS!

Star Of The Week 7th February 2025

St Anne: **Kayla, Savannah, Danica**

St Thomas: **Noah.B, Hanna, Henry.S**

St Rita: **Ava, Lanai, Maisy**

St David: **Phoebe, Naomi, Tarik**

St Rose: **Maverick, Nathaniel, Josiah**

St Mark: **Kyra-Leigh, Ivanna, Aya**

St Bridget: **Nathan, Yorkabel, Maliyah**

St Patrick: **Marli, Audrey, Etinosa**

St Maria: **Declan, Benjamin, Anthony**

St Andrew: **Eduard, Reuel, Oheneba**

St Gertrude: **Nasirah, Zachary, Logan**

St Michael: **Michael, Ikem, Jacob**

St Felicity: **Neriah, Naya, Diogo**

St Dominic: **Lena, Kevin, Mason**

Liturgy

Parents are welcome to attend.

	9am	2.45pm
11th February		St Dominic
25th February	St David	St Maria
11th March	St Anne	St Andrew
18th March		St Patrick
25th March	St Thomas	St Gertrude

School Closes Half Term Thursday 13th February at 3.15pm

Inset Day School Closed Friday 14th February

School Opens Monday 24th February at 8.30am

"Where there is Love, there is God"

Royal Academy of Arts Competition

We invite all children to take up this opportunity to share their pieces through an online submission.

The deadline is March 5th. More details about entering and submissions can be found using this link: [Young Artists' Summer Show | Royal Academy](#)

The benefits of participating in a competition of this calibre extend beyond individual achievement; they reflect our school's commitment to fostering artistic expression and recognition of our students' talents at a national level.

We feel privileged to enjoy and share so much of their individual expression through the art they produce in their sketchbooks and are excited at the prospect of a national audience being able to enjoy our children's work too.

We look forward to seeing your submissions on our school's profile page.

If you have any questions about entries, please do not hesitate to contact Mrs Guilmartin-Cole or Mrs Stoute (Art and Design Subject Leader).



RA

Call for entries

An exciting opportunity for students aged 4–18, who are living and studying in the UK, to exhibit their artwork on site or online at the Royal Academy of Arts.

Open for submissions
6 January – 5 March 2025

Find out more and enter
[royalacademy.org/youngartists](#)
[#RAYoungArtists](#)

Young Artists' Summer Show

2025

Royal Academy of Arts

Made possible by Robin Hambers

Submitting artwork is completely free and is done online.

One artwork piece can be submitted per child.

There is no theme – so you can be as creative as your heart desires.



Children's Mental Health Week



The theme for this year's Children's Mental Health Week

'Know yourself to Grow Yourself'

The children took time in their classes to think about what makes them special, their likes and dislikes and what is important to them.



Year 3 attended a Bounce resilience workshop

They learned about their brain having a 'wise owl' and 'guard dog' and strategies to help them when they 'flip the lid'. There is a video explaining this method for parents and I would encourage you to watch it as it is a lovely, child-friendly explanation of our emotions and strategies to support us when we are heightened.

BUILD YOUR CHILD'S RESILIENCE!

Discover Practical Tips to Support Your Child's Wellbeing & Resilience

Your child has been learning fantastic skills at school to face challenges, calm big feelings and build resilience. Now, we're excited to share a short video designed just for you!

How to Access the Video: Simply scan the QR code below to start watching. Grab your favourite drink, take a few minutes, and let's dive into making life a little calmer and more connected for you and your child.

Let's Work Together to Support Our Children!

Reinforcing these ideas at home is a powerful way to help your child grow into a confident, resilient individual. And it's easier than you think!

Why Watch?

- **It's Easy:** The video is less than 10 minutes long – perfect for busy schedules.
- **It's Practical:** Full of ideas you can start using right away.
- **It's Fun:** Learn in a light, engaging way that breaks down big concepts into manageable steps.
- **It Works:** These skills have been proven to make a difference in children's lives at home and at school.



Dr Kate & Dr Sarah
Clinical Psychologists,
Raising Resilience



Scan or click & watch now!

<https://raisingresilience.thinkific.com/courses/raising-resilience-children-child-mental-health-week-2025>



Year 2 Royal Ballet Lesson

This week Year 2 took part in a Live Lesson with the Royal Ballet. They watched LIVE performances of dances from famous ballets by dancers of the Royal Ballet! They went behind the scenes to visit the props and costume departments and they explored how props, scenery and lighting transform the stage

The aim of the lesson was to make ballet fun and accessible to children, encourage their creativity and confidence and build cultural capital. It also supports key elements of the PE curriculum including movement skills and dance performance.



Early Morning Exercise

We know that being out in nature and getting some exercise is good for our mental health and wellbeing.

Miss Given would like to invite our junior children to join her and the cross country runner to join them on **Thursday mornings at 7.45am**. Please click on the link to sign up and start the day refreshed and ready!

<https://forms.gle/VoKSKCaS5DhgYVUx5>



"Where there is Love, there is God"